Primary 12-Lead ECG Education Objectives

Section 1 A&P Review

- 1. Given a diagram of the chest, student will be able to (SWBAT) locate the heart with regard to position, size and orientation within the chest cavity.
- 2. Given a diagram of the heart, SWBAT identify the 2 major coronary arteries and their 3 additional branches.
- 3. Given a diagram of the heart and its coronary arteries, SWBAT identify the region of the heart perfused by each
- 4. Given a diagram of the cardiac conduction system, SWBAT identify and list in order the following components:
 - SA Node, AV Node, Bundle of His, L and R Bundle Branches, Purkinje Fibers
- 5. SWBAT define the following terms with regard to cardiac electrophysiology:
 - Excitation, Depolarization, Resting potential, Action potential, Repolarization

Section 2 ECG Basics

- 6. SWBAT identify the positive and negative locations of the following leads:
 - I, II, III, AVR, AVL, AVF, V1-V6
- 7. With regard to a standard ECG tracing, SWBAT identify the isoelectric line and relative positive and negative deflections.
- 8. Given a standard ECG tracing SWBAT identify the following components:
 - P Wave, QRS Complex, T Wave, J Point
- 11. Given a standard ECG tracing SWBAT relate the following components to their sequence in the cardiac conduction cycle:
 - P Wave, QRS Complex, T Wave, J Point
- 12. Given a standard ECG tracing SWBAT list the correct time intervals of the following ECG components:
 - PR interval. QRS interval

Section 3 ECG Interpretation Review

- 13. SWBAT list in order the appropriate steps in interpreting an ECG
- 14. SWBAT correctly utilize 2 methods of determining rate with regard to ECG interpretation
- 15. Given an ECG tracing, SWBAT identify and list the <u>defining</u> components of the following rhythms: Normal Sinus Rhythm, Sinus Bradycardia, Sinus Tachycardia, Supraventricular Tachycardia, Atrial Flutter, Atrial Fibrillation, 1st Degree AV Block, Second Degree Type 1 AV Block, Second Degree Type 2 AV Block, Third Degree AV Block, Ventricular Escape, Ventricular Tachycardia, Ventricular Fibrillation, Asystole

Section 4 Intro to 12-Lead ECG

- 16. SWBAT list two of the three steps necessary in preparing the chest for ECG lead placement
- 17. Given a modern 4-lead set of ECG leads, SWBAT correctly identify the placement location of the 4 leads on the chest.
- 18. Given a modern 6-lead (V-leads) set of ECG leads, SWBAT correctly identify the placement location of the 6 V-leads on the chest.

Section 5 12-Lead Interpretation

- 19. SWBAT recall that ECG interpretation notes nothing with regard to mechanical aspects
- 20. SWBAT list the 3 components of the bundle branch system
- 21. SWBAT define the purpose of the bundle branch system
- 22. SWBAT define syncytium
- 23. SWBAT define and list at least 2 negative physiologic outcomes of a Bundle Branch Block
- 24. SWBAT list the sequence of a bundle branch block
- 25. Using appropriate resources and given an ECG tracing, SWBAT identify a right and left Bundle Branch Block
- 26. SWBAT define the limitation, with regard to ST elevation identification in the presence of a BBB.
- 27. SWBAT recall that the presence of a Left Bundle Branch Block can indicate AMI

Section 6 Diagnostic 12-Lead ECG

- 28. SWBAT define and list 2 ECG findings associated with ischemia
- 29. SWBAT define and list at least 1 ECG finding associated with cardiac injury
- 30. SWBAT define and list at least 1 ECG finding associated with infarction
- 31. SWBAT explain the limitation of Q waves findings with regard to diagnosis of AMI
- 32. SWBAT list the specific ECG leads associated with the inferior wall of the heart
- 33. Given an ECG tracing, SWBAT identify an inferior wall MI
- 34. SWBAT list the specific ECG leads associated with the anterior wall of the heart
- 35. Given an ECG tracing, SWBAT identify an anterior wall MI

- 36. SWBAT list the specific ECG leads associated with the lateral wall of the heart
- 37. Given an ECG tracing, SWBAT identify a lateral wall MI
- 38. SWBAT list the specific ECG leads associated with the septal wall of the heart
- 39. SWBAT list the specific ECG leads associated with the right ventricle of the heart
- 40. SWBAT list the specific ECG leads associated with the posterior location of the heart
- 41. Given a 12-lead set of ECG leads, SWBAT correctly identify the placement location of the V4R lead
- 42. Given a 12-lead set of ECG leads, SWBAT correctly identify the placement location of the V8 and V9 leads
- 43. SWBAT define reciprocal ECG change
- 44. SWBAT list the reciprocal ECG findings of a posterior wall AMI
- 45. Given an ECG tracing, SWBAT list in order the steps in locating and identifying AMI.
- 46. SWBAT list at least 2 imitators of infarction

Section 7 Diagnosing Tachycardias with 12-Lead ECG

47. Using appropriate resources and given an ECG tracing, SWBAT identify Ventricular Tachycardia

Section 8 EMS and ACS

- 48. SWBAT define Acute Coronary Syndrome
- 49. SWBAT at least 2 complications of Acute Myocardial Infarction
- 50. SWBAT define and list the 2 treatment goals for Acute Coronary Syndrome
- 51. SWBAT define and list at least 1 limitation of ECG with regard to identification of Acute Coronary Syndrome
- 52. SWBAT define ST Elevation Myocardial Infarction
- 53. SWBAT define and list 2 types of diagnostic ECG findings with regard to ACS Acute Coronary Syndrome
- 54. SWBAT state the importance of serial 12-lead ECG
- 55. Given appropriate resources, SWBAT list the components of a reperfusion checklist

Section 9 Practical

- 56. Given an ECG tracing, SWBAT identify a normal 12-lead ECG and an inferior, anterior, septal and lateral wall MI
- 57. Given a 4-lead set of ECG leads, SWBAT correctly place the 4 leads on a manikin or program patient chest.
- 58. Given a modern 6-lead (V-leads) set of ECG leads, SWBAT correctly place the 6 V-leads on a manikin or program patient chest.